

AMHT in Arusha

Arusha Mental Health Trust

AMHT Develops a Comprehensive Protection Policy Workshop for Local Organizations

In an effort to refine the existing policies toward protecting vulnerable clients, Arusha Mental Health Staff participated in a policy development workshop in August which refined a comprehensive protection policy to be reviewed and set forward for adoption at the AMHT Annual General Meeting in November of this year.

Developing protection policies is an important part of the work AMHT does in mental health. Policy development workshops are being offered to other organizations as requested in an effort to educate staff on issues of abuse and protecting all of the people in the

organization, staff and clients alike.

The policy is based on Tanzanian law (Law of the Child Act, 2009) and International standards of child protection (UNICEF, 1996). As foundational documents, these call organizations to put into place policies and behavioral guidelines which will protect vulnerable people.

The policy development workshops offered by AMHT are interactive and participatory. The process with develop an organization specific policy, and at the same time educate and train staff on issues of abuse and prevention of

abuse. Staff are required to develop behavioral protocols which pertain to the organization's specific activities, and communication and reporting procedures which are practical, based in legal and ethical principles, and which are culturally appropriate.

For more information on AMHT's policy development workshop, contact us at info@amht.co.tz.

www.amht.co.tz

Check our website for information on services and programmes available from the Trust.

AMHT Welcomes Dr. Carlijn Sturm and Rebecca Tyrer as Volunteers

Arusha Mental Health Trust is pleased to welcome two new volunteer members of staff. Dr. Carlijn Sturm is a graduate of the University of Groningen in the Netherlands. She has been working with the

Equator Foundation which specializes in psychiatric care and psychosocial rehabilitation for victims of war, political violence, and human trafficking. She is a qualified medical doctor with a special interest in

psychiatry.

Becky Tyrer is a recent graduate of the University of Lincoln in the UK, and a clinical psychologist. Becky and Dr. Sturm are welcome additions to the AMHT team.

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SIGHMA

The Special Interest Group in Mental Health in Arusha will meet at 12:30 in the classroom at the Trust Office in the Mental Health department of the Mt. Meru Hospital. Dr. Carlijn Sturm and Robin Peterson will present a one hour introduction to Psychosis and Schizophrenia. Welcome!